

TOP PART

- A

**Bust**  
Bust measurement around the fullest part of your chest, keeping the tape horizontal.
- B

**Waist**  
Waist measurement around the narrowest part, keeping the tape horizontal.
- C

**Hips**  
Hips measurement around the widest part, keeping your feet together and the tape horizontal.

Size	Bust (A)	Waist (B)	Hips (C)
S	87 - 94	75 - 82	86 - 93
M	95 - 101	83 - 90	94 - 100
L	102 - 108	91 - 97	101 - 108
XL	109 - 114	98 - 103	109 - 113
XXL-3XL	115 - 143	104 - 134	114 - 138
Note: measurements in centimeters (cm)			

BOTTOM PART

- A

**Waist**  
Waist measurement around the narrowest part, keeping the tape horizontal.
- B

**Hips**  
Hips measurement around the widest part, keeping your feet together and the tape horizontal.
- C

**Leg**  
Inside leg measurement.

Size	Waist (A)	Hips (B)	Leg (C)
XS	68 - 74	80 - 85	81
S	75 - 82	86 - 93	81.5
M	83 - 90	94 - 100	82
L	91 - 97	101 - 108	82.5
XL	98 - 103	109 - 113	83
XXL-3XL	104 - 134	114 - 138	83.5
Note: measurements in centimeters (cm)			